

# Enable MPN-patients to help each other!

## What is our aim?

The core of our association is an online forum where MPN-patients can exchange information on various topics.

We noticed that people with rare diseases like MPN rarely meet other patients who suffer from the same condition. Our goal is to give those MPN patients the opportunity to connect, share feelings and support each other.

## How do we achieve that?

Every member of our association gets access to our forum and can exchange information with other patients about symptoms, medication, feelings or doctors.

The forum is moderated by volunteers and financed by membership fees, grants and donations.

For general information we have our website [www.mpn-netzwerk.de](http://www.mpn-netzwerk.de)

## What is the outcome?

- psychological support directly after diagnosis
- newly formed friendships
- learn from the experience of others
- regular regional meetings
- a broad distribution of Information about MPN through brochures and webinars with MPN-experts

## What can we conclude?

- connecting patients ist essential, only MPN-patients know how MPN-patients feel
- volunteers are indispensable to moderate and maintain the forum
- webinars are an easily accessible way to distribute up-to-date information